

Toyohashi “Cheer!” Project  
A Message to Health Workers in Toyohashi  
~Track Athlete, Ayuko Suzuki~

Hello to everyone in Toyohashi. My name is Ayuko Suzuki, from the Japan Post Group Women’ s Track Team.

To all of the healthcare workers working day and night, thank you. I am grateful from the bottom of my heart.

I hope that through our running, we can bring a bit of joy to everyone during this difficult time.

Let’ s all work together to overcome this!



Ayuko Suzuki @Japan Post Group

- Name Ayuko Suzuki
- Sport Track & Field
- Birthday October 8<sup>st</sup>, 1991
- Hometown/school Toyohashi/Nagoya University
- Team Japan Post Group Women’ s Track Team
- Team History Toyohashi Hojo Junior High School → Jishukan High School → Nagoya University ⇒ Japan Post Group Women’ s Track Team
- Social Media Japan Post Group Women’ s Track Official Instagram (@jpgrouppathlete)
- What I like about Toyohashi: Toyohashi is the perfect size, not too “big city” and not too countryside. It is a peaceful place, with the tramcar running through downtown. It is the filming site for many shows and movies, and is home to more famous spots than most people realize. Toyohashi is full of hidden gems and I love it.